



**PARENT/TEACHER DEVELOPMENTAL QUESTIONNAIRE** © Cowan 2007

Child's Name \_\_\_\_\_ Date completed \_\_\_\_\_

*Please check the column that best describes this child. Please consider behaviors of your child when in group settings.*

	Not at all	Just a little	Quite a bit	Very much
Often fails to give close attention to details				
Often has difficulty sustaining attention in tasks or play				
Often does not seem to listen when spoken to directly				
Often does not follow instructions and fails to finish work				
Often has difficulty organizing tasks and activities				
Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (e.g. schoolwork, homework)				
Often loses things necessary for activities				
Is often easily distracted by extraneous stimuli				
Is often forgetful in daily activities				
Fidgets with hands or feet, squirms in seat				
Often leaves seat in classroom or in other situations when shouldn't				
Often runs about or climbs excessively when inappropriate				
Often has difficulty playing quietly				
Is often "on the go" or "driven by a motor"				
Often talks excessively				
Often blurts out answers before questions have been completed				
Often has difficulty awaiting turn				
Often interrupts or intrudes on others				
Poor handwriting				
Trouble writing down thoughts				
Difficulty getting to sleep				
Cannot tune out edges and concentrate on middle				
Poor memory				
Poor follow through				
Stimulation seeking				
Easily frustrated				
Poor eye tracking				
Poor self esteem				
Unpleasant reaction from others due to behavior				
Poor coordination compared to peers				
<b>"The Wild Child"</b>				
easily frustrated				
little patience				
oppositional, argumentative				
always on the move				
overconfident, doesn't need help				
pushy				
argumentative				
videogame addiction				
rushes through work				
goal oriented				
short fuse, easily provoked				
highly competitive				
periods of rage, explosive, shouting				
hates being restrained				
frequent headaches				
muscle spasms				

	Not at all	Just a little	Quite a bit	Very much
Cravings: stimulants, sugars, soda, butter				
recurrent bed-wetting				
Fear: inadequacy, confinement, loss of pride				
<b>Theme: "I'll do it my way!"</b>				
<b>"The Class Clown"</b>				
easily excitable				
always touching everything				
fails to finish tasks				
fidgety				
blurts out responses without thinking				
impulsive				
disruptive, loves to create chaos				
easily entertained				
easily bored				
naturally charismatic				
often jumping, dancing, singing				
dramatic mood swings				
unpredictable				
easily distracted, tends to scan the room				
loves novelty				
prone to dramatic tantrums				
frenzied				
excessive silliness				
provocative				
speaks with loud voice				
prone to flushing*				
difficulty falling asleep, tends to become overtired*				
prone to excessive sweating*				
prone to hypoglycemia				
prone to explosive diarrhea, encopresis				
prone to palpitations, reflux				
Cravings: fruit, spicy, ice cold				
Fear: sudden surprise, monotony, the dark				
<b>Theme: "I can't help myself!"</b>				
<b>"The Chatterbox"</b>				
disorganized				
excessive worrying/anxiety				
trouble remembering things "out of context"				
difficult prioritizing				
clingy, needy, overly attached				
internally distracted				
overthinks questions				
performance anxiety				
has trouble with multi-step commands				
tends to become obsessive				
busy-body, has trouble with boundaries				
indecisive				
a follower				
tends to get lost in the group				
excessive socializing				
difficulty working by self				
Prone to recurrent stomachaches*				
Fleshiness, lax muscles				
unruly appetites				
Craving: sweets, carbohydrates				
Fear: being separated, not fitting in				
Theme: "I will if you do!"				

	Not at all	Just a little	Quite a bit	Very much
<b>“The Perfectionist”</b>				
easily insulted				
rigid, doesn't go with the flow				
gets stuck on rules				
dislikes change				
has difficulty seeing alternative options in situations				
tends to hyperfocus, doesn't see the forest from the trees				
ritualistic, compulsive, insists on doing things the same way				
has trouble shifting attention from subject to subject				
tends to feel victimized				
self-righteous				
has unusual habits, routines, preferences				
easily disappointed				
takes things too literally				
socially awkward				
has difficulty imagining choices				
often erasing and starting again				
frequently blames others				
doesn't know how to ask for help				
often feels deprived, neglected, misunderstood				
Prone to stiff joints, muscles*				
Prone to dry skin or hair				
Prone to respiratory complaints				
sensitive to climate change, smells				
poor circulation				
Cravings: unusual predilections, beautifully presented foods				
Fear: being wrong, boundaries being invaded, disorder				
<b>Theme: "That's not right!"</b>				
<b>“The Day-dreamer”</b>				
slow, takes one's time				
stubborn, strong-willed				
withdrawn				
irritable				
resigned to failure				
prone to apathy, depression				
hopeless, helpless				
socially isolated				
morose, dark, moody				
odd interests				
no sense of time				
difficulty starting projects				
tends to be quiet				
difficulty expressing emotions and ideas				
holds grudges				
cynical,				
Tends to get locked in negative thoughts				
burdened				
low energy				
difficult to motivate				
poor social skills				
low physical stamina, *				
deterioration of teeth, gums				
recurrent or chronic backache				
Cravings: salty, meats, hot foods				
Fears: death, vulnerability				
<b>Theme:"You can't make me!"</b>				

Please add any additional comments on back of this page.

Name of person/date completing questionnaire \_\_\_\_\_